

Sonia Gray
Height 173 cm
Pronouns She/Her

MC / Entertainer Biography

Johnson&Laird

Event Highlights.

2024 Jaguar Land Rover Awards, Events Direct - MC

2023 Annual Educators Conference, Life Education Trust - Speaker

2023 Women in Wiri Network Breakfast, Wiri Business Association - Speaker

2022 Voyager Awards, Stuff - MC

2022 Wellington Gold Awards 2022, The Wellington Gold Awards - MC

Known (and loved) TV presenter and personality Sonia Gray has been a steady contributor to Kiwi screens for some 20 years now. You may recognize her as the face of Lotto, serving as presenter for the last 15 years. More than just a presenter, Sonia is also an actress, writer and model.

More recently, after being diagnosed with ADHD herself and raising a daughter under the neurodivergent umbrella, Sonia saw an opportunity to use her status to further educate the New Zealand community. In 2022 she produced and presented the TVNZ documentary Kids Wired Differently. She has also released the multi-award winning podcast series No Such Thing as Normal.

An all-rounder, Sonia is the real deal: experienced, warm and socially aware, with speaking skills as versatile and robust as her portfolio. Sonia hosts with a confidence that comes only with years of experience – and it's that warmth, insight and industry credibility that sees her take on diverse projects with consistent insight and grace.

Testimonials.

Sonia was excellent to work with, professional, authentic, empathetic, adaptable, smart and her stage presence was suitably warm and inclusive which added greatly to the success of the Awards night. I would have no hesitation for recommending Sonia for future events.

The Wellington Gold Awards 2022

- John Dow | Director

We were delighted to have Sonia as our MC this year and to co-host it with Brittney Falanitama. Sonia's professionalism and personality captivated the audience and bought the ceremony to life. It was wonderful how special she made the winners feel and how much she encouraged them all.

Once again, a huge thank you and we hope to work with Sonia again.

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Testimonials continued...

Graeme Dingle Foundation Excellence Awards 2022

- Jenny Stiles | CEO