



Kara Rickard

Height 168 cm

MC / Entertainer Biography

Johnson&Laird

Event Highlights.

- 2025** Universal Music Q & A+Showcase Event, Universal Music - MC
- 2025** Powerade x Kayla Itsines Workout Event, Campbell&Co - MC
- 2024** Aotearoa New Zealand Music Awards, Recorded Music New Zealand - MC
- 2023** FIFA Women 's World Cup Fancestry Launch, Campbell and Co - MC
- 2021** Engineering NZ Awards 2021, Engineering NZ - MC

Kara Rickard loves to talk - and she 's really good at it! She began her career working as a TV production coordinator, where her infectious enthusiasm and fun-loving personality quickly earned her a spot in front of the camera. Throughout her career, Kara has worked as a presenter for Sky Sports and Māori TV, a guest-host on TV3's The Project and host of George FM's Breakfast Show, where she hosted the Breakfast Show. Kara's ever-present charm is accompanied by the skill and laughter she brings to any project. Kara is a huge music fan and is also big on sports, health and wellness. Her media experience and grounded nature make her a perfect host or MC choice for a variety of events.

Testimonials.

Kara hosted an intimate lunch event for media and VIPs with some key speakers. She was a breeze to work with from the initial briefing through the event and beyond. There was a fair bit of detail to remember in the brief and Kara was professional, knowledgeable, well-prepared and added a personal touch to her discussions with speakers. The audience was engaged and she brought energy and a sense of excitement to the room, which was exactly what we needed. We would highly recommend Kara for any speaking /hosting engagements and look forward to working with her again in the future.

FIFA Women 's World Cup 2023 TM Fancestry Launch Event
Campbell and Co

- **Sophie Pollard | Campbell and Co**

Kara was an absolute pleasure to deal and brought a lot of energy to our virtual awards show. She was professional and engaging and able to bring the awards to life even though she was communicating with everyone virtually. Her presentation skills are excellent and being able to incorporate Te Reo into the awards was extremely important for us. I would highly recommend her for any event where you want to bring personality, warmth and professionalism to the night.

Engineering NZ Awards 2021

Testimonials continued...

Engineering New Zealand

- **Bryony Lane | Partnerships Manager**