



Actor Biography

Johnson&Laird

Rachel Forman

Height 166 cm

Awards.

- 2008** Most Original Production - Chapman Tripp Theatre Awards - Apollo 13: Mission Control
- 2007** Chapman Tripp Theatre Awards Nomination - Most Original Production with SEED Company - Turbine
- 2007** Chapman Tripp Theatre Awards Winner - Outstanding Performance - Blackbird
- 2007** Chapman Tripp Theatre Awards Nomination -Outstanding New New Zealand Play with SEED - Turbine
- 2006** Chapman Tripp Theatre Awards Winner - Most Promising Female Newcomer of the Year - Fool for Love

Feature Film.

2025	Klara and The Sun	Prudence	Dir. Taika Waititi
2020	Baby Done	Toddlers Mum	Dir. Curtis Vowell Prd. Carthew Neal&Morgan Waru
2010	Just Think About The Two Of Us	Charlotte (Supporting)	GFC (Germany)Ltd Dir. John Delbridge Prd. Frank Buchs, Carsten Kelber
2007	Second Hand Wedding	Young Jill	Garage Sale Productions Dir. Paul Murphy

Short Film.

2005	Bad Dates	Monique (Lead)	Granite Pictures Dir. Grant LaHood
2004	Dignity Undone	Kasha (Lead)	NZ Film School Production Dir. Penny Clark-Hall
2004	Hiding Place	Jane (Lead)	NZ Film School Production Dir. Victoria Linford

Short continued...

2003	Elmo	Sarah (Lead)	Independent Production Dir. Amy Chapman
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Television.

2020	Power Rangers Beast Morphers	Sheryl	Power Rangers Productions Ltd Dir. Various
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2011	Shortland Street	Paige Monroe (Recurring Guest)	South Pacific Pictures
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2008	Legend of the Seeker	Alana (Recurring Guest)	Walt Disney Company NZ Dir. Michael Hurst
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2000	Shortland Street	Julie Warden	South Pacific Pictures
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Radio Presenter.

2004	Caffeine & Aspirin - Arts Show		Radio Active
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2003	Top 11 Show		Radio Active
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Theatre.

2012	Top Girls	Patient Griselda/Nell. (Support)	Silo Theatre Dir. Shane Boshier
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2011	Black Confetti Workshop	Katie	Auckland Theatre Company Dir. Colin McColl
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2009	Christ Almighty	Mary	Basement Theatre
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2009	Blood Wedding	The Bride	Circa Theatre Dir. Willem Wassenaar
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2009	Ensemble Project	Lead	Silo Theatre Dir. Oliver Driver, Michael Hurst
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2009	Don't Hold Your Breath	Rose (Lead)	Auckland Theatre Company Limited Dir. Ben Crowder Prd. Colin McColl
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Theatre continued...

2009	Autobahn	Girl (Lead)	Basement Theatre Dir. Shane Boshier
2008	Apollo 13 : Mission Control	Fred Haise/Marilyn Lovell (Lead)	BATS Theatre Dir. Kip Chapman
2008	Some Girls	Tyler	Circa Theatre Dir. Ross Jolly
2008	This Is Our Youth	Jessica Goldman	Circa Theatre, Wellington Dir. Rachel More
2007	Blackbird	Una	Circa Theatre, Wellington Dir. Jane Waddell
2007	Settling	Milly	BATS Theatre, Wellington Dir. Leo Gene Peters
2007	Falling Petals	Sally	BATS Theatre, Wellington Dir. Jean Betts
2006	Everything. Now	Yvonne	BATS Theatre, Wellington - Luxembourg Gardens, Auckland Dir. Stephen Bain
2006	Fool For Love	May	BATS Theatre, Wellington Dir. Julie Noever
2006	Turbine	Susan Gusten	SeeYd Theatre Company - BATS Theatre, Wellington Dir. Tim Spite
2005	Wallflower	Rose (Solo Performance)	New Zealand Drama School Productions Dir. Stephen Bain&Christian Penny
2005	Face to Face	Julie	New Zealand Drama School Productions Dir. KC Kelly
2004	Cabaret	Soloist/Ensemble Member	New Zealand Drama School Productions Dir. Robin Payne
2004	Dead Friend	Virginia Winthrop	New Zealand Drama School Productions Dir. Andrew Foster

Theatre continued...

2004	Great Expectations	Biddy	New Zealand Drama School Productions Dir. Miranda Harcourt&Tom McCrory
2004	Pericles	Lychorida	New Zealand Drama School Productions Dir. Peter Hambleton
2004	In	Heather	Louder Than Traffic Productions Dir. Pedro Iglenfritz
2003	Richard III	Lady Anne	New Zealand Drama School Productions Dir. Larry Rew
2001	Butter Loving	May	Young & Hungry Theatre, Wellington Dir. Erolia Ifopo
1999	The Wiz		Auckland Children 's Musical Theatre Dir. Alex Urban

Web Series.

2020	I Date Rejects - Season 2	Whitney (Support)	Whitiara Productions Ltd Dir. Paula Whetu-Jones
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Training.

The Next Stage Workshop- 'What To Do About Dad' - 2010, ATC-By Stephen Sinclair
 The Bridge Project Shakespeare Masterclass - 2009, Dakin Matthews
 Acting Classes, USA - 2005, Susan Batson
 Bachelor of Performing Arts, NZ: 2003 - 2005, Toi Whakaari: New Zealand Drama School
 Standard American Accent Workshop, NZ - 2002, Rowena Balos
 Revolutionary Acting Programme, AUS - 2000, Brett Wood&Dean Carey

Skills.

Sport - Swimming, Water Skiing, Snow Skiing, Golf, Roller Blading, Basketball, Rowing, Ice Skating, Cricket
 Voice Skills - Accents, Character, Narration, Retail

Visual/Voice Commercial Credits.

Please contact J&L for more information.